

FOOD AND TASTE INNOVATION



SCHOOL CANTINE

MENU OCTOBER 2024

Break Fast	Monday 30 th	Tuesday 1 st	Wednesday 2 nd	Thursday 3 th	Friday 4 th
	Serambléd egg and bread	Chocolatte and milk bread	Multicolred salad and bread	Puffed donuts and yogurt	Donut + beans and porridge
Lunch	Oven roasted chicken with cantenese rice	Meat balls and spaghetti	Sauteeed vegetables, beef and cassava	Provencal captains shallot and fries	Sandwich and fries
Dessert	Orange	Foléré	Assortiment of fruits	Foléré	Yogurt



Braek Fast	Monday 7 th	Tuesday 8 th	Wednesday 9 th	Thursday 10 th	Friday 4 th
	Deviled egg and bread milk	French toast and mint syrup	croissant and strawberry tea	Donut and yogurt	Donut + beans and porridge
Lunch	Braised chicken on a bed of vegetables and plantein rounds	Slices beef and creol rice	Casserole and fried plantains	Braised sea boss and miondo	Sandwich and fries
Dessert	Fruit	Natural juice	Watremelon papaya	Orange	Fruit cocktail



Break Fast	Monday 14 th	Tuesday 15 th	Wednesday 16 th	Thursday 17 th	Friday 18 th
	Donut braid with tea	Omolette, milk bread with milk chocolate	Mini quiche and mini syrup	Crepe chocolate with milk	Donut + beans and porridge
Lunch	Sweated insh with meat	lkok + cassava and baton	Vegetables chicken fricasse with garlic risotto	Eru ans water fufu	Fries and shawama
Dessert	Yogurt	watermelons	Fruit juice	Fruit	Natural juice



Break Fast	Monday 21 th	Tuesday 22 th	Wednesday 23 th	Thursday 24 th	Friday 25 th
	Samosa + juice	Sandwich and yogurt	Pan cake and milk	Mini pizza and natural juice	Donut + beans and porridge
Lunch	Beef cube with tarragon and fries	Ndole sawa and miondo	Senegalise rice	Bolognese and macaroni	Hamburger and fries
Dessert	Tarlet	Fruit	Natural juice	Fruit	Foléré

This menu is subject to change depending on product availability on the market

Good appetite !

